# **OXP215118 Outdoor Education**





You will work through the following units as part of Outdoor Education

#### **Unit 1: Personal Development**

Through the course students will engage in new experiences, challenge themselves, and reflect upon how they learn.

## **Unit 2: Social and Interpersonal Development**

An important aspect of the course is working as part of a group and creating positive friendships and memories.

## Unit 3: Skills and Technical Knowledge

Students will undertake at least four outdoor recreation activities such as kayaking, rock-climbing, cycling, and bushwalking. They should leave the course with the skills to participate in these activities safely outside of school.

# **Unit 4: The Environment**

Learning about and connecting with our local environments is a key aspect of the course. Students will spend many hours in the Cataract Gorge, Trevallyn and Kate Reed Reserves.

## **Unit 5: Practical Experiences**

Two thirds of the course are dedicated to practical experiences. These will be through a combination of classes, day excursions, and two overnight camps.

## How you'll be assessed:

Common types of internal assessments are:

- Practical demonstrations of skill development in outdoor activities
- Completion of a logbook, goal setting tasks, and written reflections
- Major assignments/presentations on topics such as native species, climate/weather, and excursion planning

To be successful in this subject you will need to:

- Engage in the practical opportunities including at least one overnight excursion
- Keep yourself and others safe while engaging in outdoor activities
- Treat other students, staff, and the places we visit with respect and kindness

#### **COMPLETION OF WORK**

Assessment due dates are provided in the Program of Learning and on Canvas. Work must be submitted by the due date unless an approved extension has been granted. Unapproved late submissions will incur penalties as outlined in the *Completion of Work Policy*. Students needing extensions should contact their subject teacher before the due date with valid reasons, such as illness or unforeseen circumstances.

For more details refer to the Launceston College: Completion of Work Policy.

#### **ACADEMIC INTEGRITY**

All senior secondary students in Tasmania are expected to uphold academic integrity, meaning they complete their work honestly and fairly. This includes properly referencing any ideas, images, or information borrowed from others, allowing teachers to distinguish between original and sourced content.

Assignments will be submitted through Canvas, email, hard copy as directed in the task sheet.

For more details, refer to the Launceston College: Academic Integrity Policy

#### REFERENCING

For Major Assignments the Harvard referencing system can be used for Outdoor Education. This involves noting the original author, date, and how you accessed anything you copy or use in your work.

# **COURSE DOCUMENT**

The TASC website provides considerable information about the course. Outdoor Education - TASC

# OTHER COURSE REQUIREMENTS

Outdoor Education incurs a one-off levy which is applied to school tuition fees. This contributes, in part, to equipment, transport, and other costs associated with the course excursions.

All activity equipment (bikes, surfboards, tents etc) is provided by the school. It is important that students come prepared to be active outdoors in every lesson. This includes having clothes which are weather appropriate (sun, wind, rain), hats, and sturdy shoes.

Week	Date	Program of Learning 2025	Notes / Assessments
1	6 Feb	Welcome: Team Building, Ice Breakers, Group Challenges	Yr 11s and 12's return February 8 (Thursday)
2	10 Feb	Kayaking: Introduction to water safety Pool Swimming, Kayaking Introduction	Introduce Logbook Task (C1&4)
3	17 Feb	Kayaking: Trevallyn Dam	
4	24 Feb	Kayaking: Trevallyn Dam	Wed 26 Feb – Launceston Cup
4			Kayak Goal Setting Task (C1&4)
5	3 Mar	Kayaking: Intro to Moving Water Hadspen	Begin River Species Assignment (C2&6)
6	10 Mar	Kayaking: Hadspen	Mon 10 Mar – Public Holiday
7	17 Mar	Kayaking + Camp Preparation	
8	24 Mar	Surf Camps	
9	31 Mar	Surf Camps	
10	7 Apr	Cycling: Intro, Basic Skills, Safety Checks	Kayak + Surf Reflections (C1&3)
		<b>Term 1 break –</b> Saturday 12 April – Sur	nday 27 April
1	28 Apr	Cycling: Town Cycling	
2	5 May	River Day Excursions	Begin Weather/Climate Assignment (C1,2,3)
3	12 May	Cycling: Town Cycling	Cycling Goal Setting Task (C1&4)
4	19 May	Mountain Bike Riding: Local Trails	
5	26 May	Mountain Bike Riding: Local Trails	
6	2 June	Mountain Bike Day Excursions	
7	9 June	Mountain Bike Day Excursions	
8	16 June	Mountain Bike Riding: Local Trails	
9	23 June	Rock-climbing: Gym	
10	30 June	Rock-climbing: Gym	Cycling Reflection (C1&3)
		<b>Term 2 break –</b> Saturday 5 July – Sun	
1	21 July	Rock-climbing: Gym	Climbing Goal Setting Task (C1&4)
2	28 July	Rock-climbing: Gorge	
3	4 Aug	Rock-climbing: Gorge	
4	11 Aug	Overnight Bushwalk Camps	
5	18 Aug	Overnight Bushwalk Camps	
6	25 Aug	Overnight Bushwalk Camps	
7	1 Sep	Overnight Bushwalk Camps	
8	8 Sep	Overnight Bushwalk Camps	
9	15 Sep	Overnight Bushwalk Camps	Climbing and Camp Reflections (C1&3)
10	22 Sep	Farewell	
Term 3 break – Saturday 27 September – Sunday 12 October  1 13 Oct			
1			
2	20 Oct		Fri 31 Oct - Moderation Day (LC students work from home)
3	27 Oct		Mon 3 Nov – Public Holiday
4	3 Nov		
Exams begin (Monday 10 <sup>th</sup> November) - Exams end (Thursday 20 <sup>th</sup> November)			

#### **ASSESSMENT**

Criterion-based assessment helps students see how well they're meeting course outcomes at the end of their study. While there is continuous feedback to guide learning, final assessments focus on showing what students have achieved by the end. Ratings are given as 'A', 'B', or 'C', based on course standards. A 't' indicates partial achievement below a 'C', and a 'z' means no evidence provided.

Schools follow TASC's quality assurance to keep standards consistent. More details are on the <u>TASC</u> <u>website</u>. Final awards are based on both internal and TASC-supervised external assessments.

#### Criteria

- 1. identify and implement a range of organisational, planning and review skills
- 2. communicate ideas and information in a variety of forms
- 3. choose and display effective personal skills in interacting and working collaboratively with others
- 4. recognise and apply appropriate skills and techniques across a range of outdoor activities
- 5. describe and follow safety processes and procedures
- 6. explain and apply ecologically sustainable practices.

#### **Award Requirements**

The minimum requirements for an award in Outdoor Education Level 2 are as follows:

Exceptional Achievement (EA) 5 'A' ratings, 1 'B' rating

High Achievement (HA) 3 'A' ratings, 2 'B' ratings, 1 'C' rating

Commendable Achievement (CA) 4 'B' ratings, 2 'C' ratings

Satisfactory Achievement (SA) 5 'C' ratings

Preliminary Achievement (PA) 3 'C' ratings