

HLT315118 Health Studies

15 TCE Points



You will work through the following units as part of Health Studies

Unit 1: Introduction to Health

What health means and how different factors affect it. Issues that impact health for individuals and groups, and understand how personal actions relate to social responsibility.

Unit 2: Personal Health

How risk-taking affects your health and well-being. Current health issues for young people, focusing on social, emotional, and physical factors, and how to manage and support your own health with personal and community strategies.

Unit 3: Australia's Health

Factors affecting the health of Australians, including the healthcare system, national health priorities, and health differences among groups. Health promotion and prevention strategies, and data to study major health issues in Australia.

Unit 4: Global Health

Factors that affect people's ability to live healthy lives in different countries. Compare health in less developed and more developed countries, and study major health issues like poverty, disease, and access to clean water.

How you'll be assessed:

Common types of internal assessments are:

- Investigative Projects and Reports
- In-class short answers and essays
- Data Analysis

Health Studies enables students to understand and appreciate the importance of health and how values, attitudes and beliefs shape approaches to health. This subject enables students to develop skills, knowledge and understanding to enable a global perspective of health.

The external assessment for this subject is a **3-hour exam**. The dates for external exams in November are non-negotiable.

COMPLETION OF WORK POLICY

Assessment due dates are provided in the Program of Learning and on Canvas. Work must be submitted by the due date unless an approved extension has been granted. Unapproved late submissions will incur penalties as outlined in the *Completion of Work Policy*. Students needing extensions should contact their subject teacher before the due date with valid reasons, such as illness or unforeseen circumstances.

For more details refer to the Launceston College: [Completion of Work Policy](#).

ACADEMIC INTEGRITY

All senior secondary students in Tasmania are expected to uphold academic integrity, meaning they complete their work honestly and fairly. This includes properly referencing any ideas, images, or information borrowed from others, allowing teachers to distinguish between original and sourced content.

Assignments will be submitted through Canvas, email, hard copy as directed in the task sheet.

For more details, refer to the Launceston College: [Academic Integrity Policy](#).

REFERENCING

The Harvard referencing system is recommended for Health Studies. The standards for criterion 5 state that a student must:

- clearly differentiates the information, images, ideas and words of others from the learner's own
- correctly follows referencing conventions and methodologies
- creates and maintains accurate, and organised reference lists/bibliographies

COURSE DOCUMENT

The TASC website provides considerable information about the course. [Health Studies - TASC](#)

OTHER COURSE REQUIREMENTS

There are no special requirements for this course, however, it is advised that you have an exercise book, or loose-leaf paper/pad paper, and a display folder for handouts.

Week	Date	Program of Work 2025	Notes / Assessments – Guide Only
1	6 Feb	Intro to Course	Yr 11s and 12's return February 8 (Thursday)
2	10 Feb	Intro to Health – Defining Health, Dimensions	
3	17 Feb	Intro to Health – Determinants, KHI's	Assessment #1 What is Health (minor) Assessment #2 Dimensions and Determinants Case Study
4	24 Feb	Intro to Health – Health Issues/Health Promotion	Assessment #3 Health Promotion Report Wed 26 Feb – Launceston Cup
5	3 Mar	Personal Health – Risk Taking and Adolescence	
6	10 Mar	Personal Health – Advocacy and Health	Mon 10 Mar – Public Holiday Assessment #4 Managing Risk Presentation (minor)
7	17 Mar	Personal Health – Personal Health Issue/Data Skills	Assessment #5 Data Test 1 and RT Extended Response (major)
8	24 Mar	Personal Health – Investigative Project	
9	31 Mar	Personal Health – Investigative Project	Assessment #6 IP#1 Adolescent Health Issue (major)
10	7 Apr	Personal Health - Revision	
Term 1 break – Saturday 12 April – Sunday 27 April			
1	28 Apr	Australia's Health – Factors influencing populations	
2	5 May	Australia's Health – Burden of disease/Morbidity and Mortality	
3	12 May	Australia's Health – IP2/Groups with Inequalities	Start Assessment #7 IP#2 Chronic Health Condition (major)
4	19 May	Australia's Health – First Nations Health	
5	26 May	Australia's Health – First Nations Health	Assessment #8 Inequalities in Health Status Report (minor) IP#2 Due
6	2 June	Australia's Health – Australia's Health Care System	Fri 6 June – Moderation Day (LC students work from home) Assessment #9 Data Test 2 and HC System Extended Response (major)
7	9 June	Australia's Health – Australia's Health Care System	Mon 9 June – Public Holiday
8	16 June	Australia's Health – CAMs and Technology	Tue 17 June – Orientation Day (LC students work from home)
9	23 June	Mid Year Revision	Mid-Year Assessments Level 3 & 4
10	30 June	Mid Year Exams	Assessment #10 Mid Year Exam (major)
Term 2 break – Saturday 5 July – Sunday 20 July			
1	21 July	Global Health – Global Issues	
2	28 July	MYE Feedback	
3	4 Aug	Global Health – LDC's/Morbidity and Mortality	Assessment #11 LDC/MDC Comparison (major)
4	11 Aug	Global Health – LDC's	Start Assessment #12 IP#3 Global Health Issue (major)
5	18 Aug	Global Health – IP3/SDG's	
6	25 Aug	Global Health – SDGs/Primary Health Care	IP#3 Due
7	1 Sep	Global Health – Primary Health Care	
8	8 Sep	Global Health – Status of Women	
9	15 Sep	Global Health – Foreign Aid	Assessment Task #13 Data Test 3 and PHC Extended Response (major)
10	22 Sep	Global Health – Foreign Aid	
Term 3 break – Saturday 27 September – Sunday 12 October			
1	13 Oct	Global Health – Technology Investigation	
2	20 Oct	Exam Revision	
3	27 Oct	Exam Revision	Fri 31 Oct - Moderation Day (LC students work from home)
4	3 Nov	Exam Revision	Mon 3 Nov – Public Holiday
Exams begin (Monday 10th November) - Exams end (Thursday 20th November)			

ASSESSMENT

Criterion-based assessment helps students see how well they're meeting course outcomes at the end of their study. While there is continuous feedback to guide learning, final assessments focus on showing what students have achieved by the end. Ratings are given as 'A', 'B', or 'C', based on course standards. A 't' indicates partial achievement below a 'C', and a 'z' means no evidence provided.

Schools follow TASC's quality assurance to keep standards consistent. More details are on the [TASC website](#). Final awards are based on both internal and TASC-supervised external assessments.

Criteria

The assessment for Health Studies Level 3, will be based on the degree to which the learner can:

1. differentiate and analyse key factors that influence the health of individuals*
2. analyse influences on health status of populations within Australia*
3. analyse and compare global health status across populations*
4. investigate specific health issues, including options for preventive, curative and treatment strategies*
5. research, analyse and integrate information from multiple sources
6. plan, organise and complete activities both independently and collaboratively
7. communicate ideas and information in a variety of forms*
8. analyse and interpret health related data and information*

* denotes criteria that are internally and externally assessed

Award Requirements

The final award will be determined by the Office of Tasmanian Assessment, Standards and Certification from **14 ratings (8 from the internal assessment, 6 from external assessment)**.

The minimum requirements for an award in *Health Studies* Level 3, are as follows:

EXCEPTIONAL ACHIEVEMENT (EA)

12 'A' ratings, 2 'B' ratings (5 'A' ratings, 1 'B' rating from external assessment)

HIGH ACHIEVEMENT (HA)

6 'A' ratings, 6 'B' ratings, 2 'C' ratings (2 'A' ratings, 3 'B' ratings, 1 'C' rating from external assessment)

COMMENDABLE ACHIEVEMENT (CA)

8 'B' ratings, 5 'C' ratings (2 'B' ratings, 3 'C' ratings from external assessment)

SATISFACTORY ACHIEVEMENT (SA)

12 'C' ratings (5 'C' ratings from external assessment)

PRELIMINARY ACHIEVEMENT (PA)

7 'C' ratings

A learner who otherwise achieves the ratings for a CA (Commendable Achievement) or SA (Satisfactory Achievement) award but who fails to show any evidence of achievement in one or more criteria ('z' notation) will be issued with a PA (Preliminary Achievement) award.